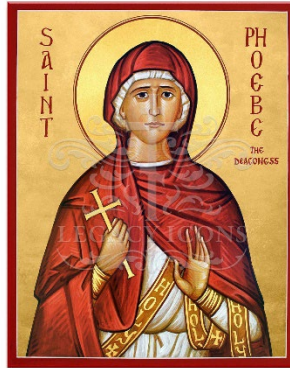


**Phoebe's Friends
Day of Reflection**



**Saturday, October 26, 2024 – 9 am – 3 pm
St. Padre Pio Chapel**

- | | |
|---|--|
| 9:15 am | Opening Prayer |
| 9:30 – 10 am | Coffee & Conversation |
| 10 – 11:15 am | Angela Kristan – “Aging with Grace” |
| Please bring rosary to donate to Angela’s new
Catholic medical practice. | |
| 11:15 – 11:45 am | Small group discussion |
| 11:45 – 12:30 pm | Lunch |
| 12:30 – 1:30 pm | Emily King – “Self Care” |
| 1:30 – 1:45 pm | Break |
| 1:45 – 2:45 pm | Service project or socialization |
| 2:45 pm | Closing prayer service |
| 3:00 pm | Depart |